



## 臺灣皮膚科醫學會

活動主題	Taiwanese Dermatological Association CME Program on Psoriasis, Acne, and Rosacea
主辦單位	臺灣皮膚科醫學會
日期	114 年 3 月 16 日(星期日)9:00-16:30。
地點	實體會議：臺灣皮膚科醫學會會址（台北市中正區武昌街一段 1 之 2 號 4 樓） 線上會議：會議連結及會前通知將於 3/10 當週 email 給報名者；會議連結請勿分享，連結限一部電腦/手機使用。 *同時舉辦實體會議及線上會議，報名時請留意選項；請依原本報名之型式參加會議，報名後恕無法更改為實體或線上，謝謝配合。
費用	會員、準會員、已向學會登記之 R1：免費。 *本次會議免費參加，報名者當日若未參加，將喪失下一場免費課程報名資格；不開放非會員報名。
注意事項	1. 即日起接受網路報名，網址： <a href="https://www.beclass.com/rid=294fe7267bebae250cc1">https://www.beclass.com/rid=294fe7267bebae250cc1</a> *實體會議：30 位（報名截止日：3 月 9 日星期日）。 *線上會議：300 位（報名截止日：3 月 12 日星期三，逾時不候） 2. 課程表如下，主辦單位保留本課程講題及講師更動之權利。 3. 皮膚科繼續教育積分 5 點。



# 臺灣皮膚科醫學會

Taiwanese Dermatological Association CME Program on Psoriasis, Acne, and Rosacea

March 16, 2025 (Sunday)

📍 **實體會議地點：**臺灣皮膚科醫學會會址（台北市中正區武昌街一段 1-2 號 4 樓）

🔗 **線上會議連結：**會議連結及會前通知將於 3/10 當週 email 給報名者。（限會員、準會員、已向學會登記之 R1 參加，會議連結請勿分享，連結限一部電腦/手機使用）

未來三年所有線上教育演講設計，以下原則供講者參考

- ✅ **Current Evidence:** Established standard treatments
- ✅ **Recent Advances:** Updates from the past 5 years
- ✅ **Clinical Application:** How to integrate new insights into practice
- ✅ **Case Presentation:** Real-world case illustrating a treatment shift
- ✅ **Treatment Strategies:** At least two to three different approaches
- ✅ **Challenging Cases:** Managing treatment failure or unexpected outcomes

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## Psoriasis CME Program

**Registration Time (08:30 - 09:00)**（線上與會人員登錄線上會議室，顯示名稱請使用會員編號+中文全名）

### Opening Remarks & Introduction (09:00 - 09:05)

🗣️ **Speakers:** 理事長 趙曉秋醫師

📌 **Objective:** Welcome address

🗣️ **Speakers:** 教育委員會主委 黃柏翰醫師/ Psoriasis 專題規劃 教育委員會副主任委員 邱足滿醫師

📌 **Objective:** Overview of the seminar

### Session 1: Current Treatment for Psoriasis Vulgaris (09:05 - 10:05)

💡 **Objective:** Overview of topical, systemic, and emerging therapies for psoriasis vulgaris.

◆ **Topical Therapy & Phototherapy** - 吳南霖醫師 (台北馬偕)

◆ **Traditional Systemic Therapies** - 魏楷哲醫師 (高雄榮總)

◆ **Biologic Therapies (TNF- $\alpha$  & IL Inhibitors)** - 陳柏樺醫師 (台大醫院)

◆ **JAK Inhibitors & Emerging Therapies** - 張喬勝醫師 (高雄榮總)

### Session 2: What's New About Psoriasis and the Evidence (10:05 - 10:50)

💡 **Objective:** Updates on pathogenesis, comorbidities, and new treatment paradigms based on recent research.

◆ **Pathogenesis Updates & Immunological Insights** - 邱顯鎰醫師 (台大醫院)



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- ◆ **New Clinical Trials & Treatment Paradigms** - 蔡呈芳醫師 (台大醫院)
- ◆ **Psoriasis Comorbidities (CVD, Metabolic, etc.)** - 李政源醫師 (台北榮總)

**Break Time (10:50 - 11:00)**

### **Session 3: How Do I Manage Psoriatic Patients? (11:00 - 11:45)**

- 💡 **Objective:** Practical strategies for managing different types of psoriatic patients in clinical settings.
- ◆ **Biologics or JAK Inhibitors?** - 許仲瑤醫師 (林口長庚)
- ◆ **Best Treatment Strategy Under Insurance Restrictions** - 曾涵琪醫師 (高雄長庚)
- ◆ **Managing Psoriasis with Comorbidities** - 林尚宏醫師 (高雄長庚)

### **Panel Discussion & Q&A (11:45 - 12:05)**

🗣️ **All Speakers**

### **Closing Remarks & End of Seminar (12:05 - 12:10)**

🗣️ **Speaker:** 教育委員會副主任委員 邱足滿醫師

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## **Acne & Rosacea CME Program**

### **Opening (13:30 - 13:35)**

🗣️ **Speakers:** 教育委員會前主委 楊麗珍醫師 / Acne and Rosacea 專題規劃 教育委員會主委 黃柏翰醫師

### **Acne Treatment & Panel Discussion (13:35 - 14:55)**

◆ **Acne Pathogenesis & The Changing Treatment Paradigm (13:35 - 13:50)** - Dr. 鞠強 (上海交通大學仁濟醫院)

💡 **Objective:** How inflammatory pathways and the microbiome influence treatment decisions.

◆ **Oral & Topical Acne Therapy: Resistance, Novel Agents & Personalization (13:50 - 14:05)** - Dr. Guy WEBSTER (Thomas Jefferson University, USA)

💡 **Objective:** Balancing efficacy and resistance concerns when transitioning from topical to systemic therapy.

◆ **Isotretinoin: Optimizing Use, Dosing & Risk Management (14:05 - 14:20)** - Dr. Chee-Leok GOH (National Skin Centre and National University of Singapore, Singapore)

💡 **Objective:** Balancing maximal efficacy with minimal side effects.

◆ **Acne Scarring & Emerging Procedural Interventions (14:20 - 14:35)** - Dr. Seemal DESAI (AAD President, University of Texas Southwestern Medical Center, USA)

💡 **Objective:** Timing and selection of procedural interventions for acne scars.



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## ◆ Acne Panel Discussion & Debate (14:35 - 14:55)

Break (14:55 - 15:05)

## Rosacea Treatment & Panel Discussion (15:05 - 16:25)

### ◆ Rosacea Pathogenesis: Immune Dysfunction & Neurovascular Dysregulation (15:05 - 15:20) -

Dr. Joonhong PARK (Director of Academic Affairs of the Association of Korean Dermatologists)

💡 **Objective:** Understanding immune dysfunction and neurovascular regulation in rosacea pathogenesis.

### ◆ Topical & Systemic Therapy: Treatment Sequencing & Combination Approaches (15:20 - 15:35)

- 許仲瑤醫師 (基隆長庚)

💡 **Objective:** Strategies for sequencing topical and systemic treatments to maximize efficacy.

### ◆ Laser & Energy-Based Therapies: Optimizing Outcomes (15:35 - 15:50) - Prof. Hwa-Jung RYU

(Korea University, South Korea)

💡 **Objective:** Best practices for using laser and energy-based devices to treat rosacea.

### ◆ Rosacea's Systemic Comorbidities: Cardiovascular & Psychological Impact (15:50 - 16:05) -

楊麗珍醫師 (台北長庚)

💡 **Objective:** Addressing cardiovascular and psychological comorbidities in rosacea patients.

### ◆ Rosacea Panel Discussion & Debate (16:05 - 16:25)

Closing Remarks (16:25 - 16:30)